

Winter/Spring 2026
DENVER SOUTH INSTITUTE
Institute is for ages 18-35

Denver South (Highlands Ranch) Thursdays @ 9800 Foothills Canyon Blvd | 7:30pm (Dinner 6:45)



Lifelong Disciples of Christ: Choices and Challenges after High School

You will be making the GREATEST decisions of your entire life in the next few years. Don't do it alone. Invite Christ into your choices. **(Tailored for graduating high school seniors and near peers)**

Teacher: Brother Searle | Starts May 7



I'm Home from a Mission...What Now?

Coming home is a big transition. This workshop helps return missionaries stay anchored in Jesus Christ while navigating identity, purpose, relationships, school, and daily life after the mission. Through scripture, discussion, and practical tools, you'll learn how to carry your mission-strength into this new chapter with confidence and direction in Christ.

Teachers: Elder & Sister Sabey | Starts May 7



Built by Habits, Guided by Prophets

First we make our habits, then our habits make us. Discover how to turn the words of living prophets into daily strength. Together, we'll draw from powerful General Conference messages and build practical, lifelong habits that help shape your future and draw closer to Christ.

Teachers: Sister Blatter and Brother Fredericks | Primary Room | Starts May 7



Finding Christ in the Old Testament (Exodus-Job)

A Christ-centered exploration of the Old Testament that helps students see the Savior's example and redeeming power, understand His gospel, build confident scripture-study skills, and recognize how Old Testament truths speak to our own questions, needs, and circumstances.

Teacher: Brother Sorensen | Starts May 7

Denver Metro Institute Wednesdays @ 2710 S. Monaco Pkwy | 7:00pm (Dinner 6:30)



Choosing Discipleship

A practical and encouraging Institute course for young adults focused on making life choices, setting goals, connecting with Jesus Christ, and becoming disciples through personal revelation and service. 8 week course designed for ages 18-24.

Teacher: Brother Richards | Relief Society Room | Starts April 29



Answering Gospel Questions

An opportunity to have relevant, open, honest, and edifying discussions about gospel questions. We will focus on learning by faith, faith-inspired learning, and developing skills to find uplifting answers that lead us to Jesus Christ. 8 week course designed for ages 25-35.

Teacher: Sister Nelson | Primary Room | Starts April 29

Denver Southeast Institute (Parker) Thursdays @ 17910 French Creek Ave | 7:00 pm (Dinner 6:30)



Lifelong Disciples of Christ: Choices and Challenges after High School

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Teachers: Elder & Sister Alletto | Stage | starts May 14



The Old Testament: A Record of God's Love and Involvement (Part 2)

We see how the Old Testament points to Jesus Christ and His redeeming love. Discover God's covenants, mercy, and guidance—and how they lead us to trust and follow the Savior today.

Teacher: Sister Dunham | Relief Society Room | starts May 7

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Denver Metro
Institute Options



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