

# Permission and Medical Release Form

Children and youth may not participate in a Church activity without the permission of their parents or guardians. For Church activities that include an overnight stay or inherent risks associated with physical activity, travel, or outdoor experiences, written consent is necessary. Some activities may require additional planning to reduce risks. Safety should always be an important consideration.

## Event Details (to be filled out by event planner)

Event		Date(s) of event
Describe event and activities (please be specific)		
Ward	Stake	
Event or activity leader	Event or activity leader's phone number	Event or activity leader's email

## Contact Information

Participant	Date of birth	Age
Telephone number		
Address	City	State or province
Emergency contact (parent or guardian)	Primary telephone number	Secondary telephone number

## Medical Information

Does the participant require a special diet? <input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, please explain the dietary restrictions.
Does the participant have any allergies? <input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, please list the allergies.
List all prescription or over-the-counter (OTC) medications the participant is taking. Leave blank if none.	
Can the participant self-administer his or her medication? <input type="checkbox"/> Yes <input type="checkbox"/> No If no, please contact the event or activity leader directly.	

## Conditions That Limit Activity

Does the participant have a chronic or recurring illness? <input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, please explain.
Has the participant had surgery or a serious illness in the past year? <input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, please explain.
Identify any other limits, restrictions, or disabilities that could prevent the participant from fully participating in the event or activity.	

## Other Accommodations or Special Needs

Identify any other needs or considerations the participant has that the event or activity planner should be aware of (attach additional pages if needed).

## Permission

I give permission for my child or youth (or if signing on my own behalf, as a leader attending this activity, I personally consent) to participate in the event and activities listed above (unless noted) and authorize the adult leaders supervising this event to administer emergency treatment to the above-named participant for any accident or illness and to act in my stead in approving necessary medical care. This authorization shall cover this event and travel to and from this event.

**Please note:** Units may not have the ability to meet all medical, physical, and other accommodations and are asked to counsel with parents or guardians on what is possible.

The participant is responsible for his or her own conduct and is aware of and

agrees to abide by Church standards, camp or event safety rules, and other pertinent instructions. The participant's conduct and interactions should abide by Church standards and exemplify Christlike behavior, including those listed on the attached "Conduct at Church Activities."

Parents and participants should understand that participation in an activity is not a right but a privilege that can be revoked if participants behave inappropriately or if they pose a risk to themselves or others.

This information is collected to help event and activity leaders or medical personnel so they can be prepared and appropriately respond to health concerns or an emergency. It will be kept confidential and shared only as needed.

Participant's signature	Date
Parent or guardian's signature (if participant is a minor)	Date

# Conduct at Church Activities

The Savior Jesus Christ invites us to live as He did (see 3 Nephi 27:21), including at events and activities. The goal for every activity is to have fun, build faith, love and serve each other, and grow spiritually. Everyone benefits when we follow these guidelines.

## What to Do

These things can make the activity fun and uplifting:

- **Remembering Who You Are:** Trust in the Lord and follow gospel principles.
- **Respecting Privacy:** Be smart about using media and social media. Ask permission before taking or posting pictures or videos of others.
- **Being Safe:** Create an environment where others feel safe, welcomed, and able to feel God's love.
- **Keeping It Friendly and Fun:** Be a friend; reach out and be kind to everyone. Remember, these events are about making friends, not about romantic behavior or drama.
- **Being Engaged:** Participate in and contribute as an influence for good by being a light to others.

These guidelines keep everyone safe. If you do not follow them, you may have to go home, and for minors, your parents will be notified. Leaders will also report crimes and other harmful or destructive incidents (including pranks) to local authorities as required by law.

Remember the Savior's example, keep it fun, and build faith!

## What Not to Do

These things distract from and are not allowed during the event or activity:

- **No Immorality:** No talking about, encouraging, or engaging in any sexual activity. No immoral behavior, including making sexual advances. No sharing or viewing pornography.
- **No Harm:** No bullying, threatening, or harming yourself or others in any way—physically, spiritually, or emotionally.
- **No Weapons or Harmful Substances:** Do not bring dangerous or illegal items. Stay clean. Follow the Word of Wisdom.
- **No Stealing or Vandalism:** Respect other people's property.
- **No Disruptions:** Cooperate. For minors, do not skip activities, miss curfew, or leave without notifying leaders.